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Evaluation of mutagenic and genotoxic responses of food preservatives using bacterial and plant test systems

Maninder Kaur, Saroj Arora & Jatinder Kaur Katnoria*

Department of Botanical and Environmental Sciences,
Guru Nanak Dev University,
Amritsar-143005, Punjab (India)

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Abstract: The aim of present study was to explore mutagenic and genotoxic effects of two most commonly used food preservatives viz., propylene glycol (liquid form) and sodium benzoate (powder form) using Ames Salmonella mutagenicity assay (with and without metabolic activation) and Allium sativum root chromosomal aberration assay. Both these compounds are widely used in the preservation of food items such as salads, jams, fruit juices, pickles, condiments and beverages as well as liquid food dyes. During Ames assay, propylene glycol increased the number of TA100 revertants by two fold at concentration of 250 μ l/0.1 ml culture while sodium benzoate at 25 μ g/0.1 ml culture. The preservatives did not induce any mutagenic response in TA98 tester strain. During Allium sativum root chromosomal aberration assay, both preservatives induced physiological as well as clastogenic aberrations in root tip cells of Allium sativum. The spectrum of chromosomal aberrations included c-mitosis, delayed anaphases, stickiness, chromatin bridges and chromosomal breaks. The present study reveals the mutagenic and genotoxic potential of propylene glycol and sodium benzoate.

Keywords: Ames assay, sodium benzoate, propylene glycol, Allium sativum, chromosomal aberrations, Salmonella typhimurium.

INTRODUCTION

The world population is increasing at an alarming rate, which has put a great pressure on the food resources. In order to congregate the increased demand of food supply, it has became essential to find new food sources as well as to preserve the available food stock for long period without its spoilage (Kaferstein and Abdussalam, 1999; Rencuzogullari *et al.*, 2001; Krausmann *et al.*, 2007; Mishra *et al.*, 2010). Various methods are being used for the storage of food which involves the usage of many chemical substances as food preservatives or antimicrobial agents. Preservatives are natural or synthetic chemicals

that are added to the products such as pharmaceuticals, paints, cosmetics, biological samples and food items to prevent decomposition by microbial growth and enzymatic or chemical changes. Certain food preservatives are added to food items to reduce their nutritional losses and to increase shelf life (Wang *et al.*, 2010; Yoshikawa *et al.*, 2011).

Apart from the quality of food preservatives, quantity of it in the food products is also of great concern because these can cause various harmful effects to human health when added in excessive amounts. It has been estimated that as many as 30% of people in industrialized countries suffer from a food borne diseases each year (WHO, 2002). Many authors have reported mutagenic /genotoxic and cancer inducing affects of different food additives especially that of antimicrobial agents in different test systems *viz.*, cytotoxic effects in human lymphocytes

Phone: 0183-2258802; Ext: 3425; +919501012458;

Fax: 0183-2258820.

E-mail: jkat08@yahoo.com

^{*}Corresponding author: Jatinder Kaur Katnoria,

An International Biannual Referred Journal of Life Sciences

(Rencuzogullarý et al., 2001a and b), genotoxic and cytotoxic effects in animal test system (Rasgele and Kaymak 2013) and genotoxic effects in plant test system (Sifa, 2007; 2008). Various combinations of preservatives, commonly used to prevent the alteration and degradation of food products are also reported to be harmful (Mahuzier et al., 2001; Huang et al., 2005; Chen and Ni, 2009; Xu et al., 2013).

Considering this, the present work was embodied to evaluate mutagenic and genotoxic effects of two most commonly used food preservatives (sodium benzoate and propylene glycol) employing Ames Salmonella mutagenicity assay and Allium sativum root chromosomal aberration assay. Sodium benzoate is the sodium salt of benzoic acid with chemical formula NaC₇H₅O₂. It is generally used to preserve acidic foods like salads, carbonated drinks and jams. Propylene glycol also called as 1, 2-propanediol, is an organic compound (a diol or double alcohol) with formula C₃H₈O₂. It is colorless, nearly odorless, clear, viscous liquid with a faintly sweet taste and hygroscopic. It is used as a preservative in number of food items, beverages, animal feed and bakery products.

MATERIAL & METHODS

Preparation of sample solutions

Different concentrations (25, 50, 75, 100, 250, 500, 750, 1000, 2500 µl/plate) for propylene glycol (liquid form) and 25, 50, 75, 100, 250, 500, 750, 1000, 2500 µg/plate for sodium benzoate (powder form) were prepared with double distilled water. These concentrations were used to evaluate the mutagenic and genotoxic effects employing Ames assay (using TA98 and TA100 tester strain and in presence and absence of metabolic activation) and *Allium sativum* root chromosomal aberration assay, respectively. All the other chemicals and solvents used in the present study were of analytical grade.

Ames Salmonella mutagenicity assay

The standard protocol of Moran and Ames, (1983) was used to evaluate the mutagenic effects of food preservatives. To the 2 ml of top agar containing 0.5 mM histidine and biotin, 0.1 ml of fresh *Salmonella* culture of tester strain (TA98 and TA100) and 0.1 ml of the different concentrations of preservatives were added for direct mutagenicity while an additional 0.5 ml of S9 mix was added for in direct mutagenicity, The mixture was then spread on the minimal agar plates. The petri plates were kept in the BOD incubator in inverted position at 37°C for

48 h after solidification. During direct mutagenicity testing, 20 μ g of 4-nitro-o-phenylenediamine (NPD)/0.1 ml culture of TA98/plate and 2.5 μ g of sodium azide (SA)/0.1 ml culture of TA100/plate were used as positive controls. For indirect mutagenicity, 20 μ g of 2-amino fluorine (2AF)/0.1 ml culture/plate was used as positive control with both tester strains. The experiment was done in triplicate and colonies were counted after 48 h of incubation.

Preparation of liver homogenate (S9)

Fresh livers were instantly transferred to the pre weighed beakers containing approximately 1 ml of chilled 0.15 M KCl/g of wet liver. Livers were washed several times in fresh chilled KCl after weighing. The washed livers were transferred to sterile beakers containing chilled sterile 0.15 M KCl (3 ml per g wet liver) and were cut into small pieces with scissors and homogenized (Remi homogenizer). The homogenate was then centrifuged at 9,000 x g (8,700 rpm) for 10 min in a refrigerated C-24 Remi centrifuge. The supernatant (S9 fraction) was decanted and distributed in 2 ml cryotubes, frozen quickly in liquid nitrogen till required.

Preparation of S9 mix

16.75 ml of Sterile distilled was taken in the autoclaved culture tube. To it, 25 ml of 0.2 M phosphate buffer (pH 7.4), 2 ml of 0.1 M nicotine adenine dinucleotide phosphate (NADP), 0.25 ml of 1 M Glucose-6-phosphate (G-6-P), 1 ml of MgCl₂-KCl salt solution and 5 ml of rat liver S9 (phenobarbitone induced for 7 days) were added. All the solutions (fresh and chilled) were always added in the order indicated so that S9 should be added to the buffered solution. S9 mix was maintained at 0-40°C while performing the experiments.

Allium sativum root chromosomal aberration assay

The old roots and hard scales of *Allium sativum* (garlic) heads were removed and cloves were suspended in test tubes containing water. The test tubes containing denuded garlic cloves were placed in germinator at $25 \pm 2^{\circ}$ C. After 24 - 36 h, roots of approx. 0.5 - 1.0 cm were treated with different concentrations of sodium benzoate and propylene glycol for 3 h. The root tips were washed thoroughly with the distilled water, cut and fixed in Farmer's fluid (ethanol: glacial acetic acid: 3:1) the negative control was also fixed at the same time. Root tips were squashed in aceto-orcein to prepare slides. The slides were scored under microscope (Olympus) to estimate genotoxicity.

Kaur et al: Evaluation of mutagenic and genotoxic responses of food preservatives using bacterial and plant test systems

Calculations

No. of aberrant cells

Percent aberrant cells (%) = $\frac{x \cdot 100}{\text{Total no. of dividing cells}}$

Statistical analysis

The data obtained from Ames test was statistically analyzed using one way ANOVA. The data obtained from *Allium sativum* root chromosomal aberration assay was analyzed using Chi square test.

RESULTS AND DISCUSSION

Results of mutagenic and genotoxic responses of preservatives *viz.*, propylene glycol and sodium benzoate are presented in Table 1 and 2, respectively.

Mutagenic effects of food preservatives

The results of mutagenic effect of the food preservatives viz., propylene glycol and sodium benzoate during Ames Salmonella mutagenicity assay (with and without metabolic activation) are represented in Table 1. It was observed that both the food preservatives exhibited mutagenic effect in TA100 strain of Salmonella. Sodium benzoate and propylene glycol induced the maximum number of revertant colonies at 1000 µl per 0.1 ml culture in TA100 tester strain of Salmonella typhimurium. The number of colonies induced by sodium benzoate was 300 in TA100 at maximum concentration. Propylene glycol induced 379.3 colonies in TA100 tester strain of Salmonella typhimurium. The effect was not found to be significant in case of external metabolic activation system (S9).

Genotoxic effects of food preservatives

The genotoxic effects of the preservatives in the form of chromosomal aberrations in root tip cells of Allium sativum are presented in Table 2. Both preservatives induced high genotoxic effects. Various physiological aberrations viz., vagrants, c-mitosis, stickiness, abnormal anaphase, abnormal metaphase and delayed anaphase and clastogenic aberrations like chromatin bridges and chromosomal breaks were induced. Propylene glycol has induced the maximum number of chromosomal aberrations (52 %) at the highest concentration 1000 µl/l among which c-mitosis (13.80 %) and delayed anaphase (12.4 %) dominated in physiological aberrations and chromatin rings were (0.52 %) were dominated among clastogenic aberrations. Similarly, sodium benzoate induced maximum chromosomal aberrations (49.08 %) at 1000 µg/l among which c-mitosis (12.30 %) and delayed anaphase (12.30 %) dominated over other physiological aberrations while chromatin ring (0.47 %) dominated over other clastogenic aberrations in root tip cells of *Allium sativum*. Overall, it was observed that propylene glycol was more genotoxic as compared to sodium benzoate. The statistical analysis revealed that the frequencies of cells with aberrations differed significantly from control at all the doses tested.

A number of naturally derived food preservatives had been used by mankind for centuries, to preserve food from the microbial contamination for example salt, sugar, turmeric, essential oils vinegar etc. (Burt, 2004; Kumar and Panneerselvam, 2007). It is evident from many studies that the bulk of preservatives used these days are of synthetic nature than the natural ones and they have potential to cause toxic and several other life-threatening side effects (Sifa, 2007). These preservatives such as nitrites, nitrates, benzoates and sulfur dioxide act as antimicrobials and delay the growth of bacteria, yeast and molds. (Anand and Sati, 2013). Apart from being toxic to the microorganism these can spoil the nutritional quality of food material.

Many researchers have reported the toxicity of number of artificial food preservatives such as nitrates, benzoates, sulfites, sorbates, parabens, formaldehyde, BHT, BHA and several others can cause serious health problems such as hypersensitivity, allergy, asthma, hyperactivity, neurological damage and cancer (Rademaker and Forsyth, 1989; Safford et al., 1990; Anand and Sati, 2013). Maier et al. (2010) studied the effects of two preservatives viz., sodium benzoate and propionic acid on the Th1-type immune response in human peripheral blood mononuclear cells (PBMC) in vitro. Results exhibited an anti-inflammatory property of compounds which however could shift the Th1-Th2-type immune balance towards Th2-type immunity. Rasgele and Kaymak (2013) evaluated the genotoxic and cytotoxic effect of Natamycin in mice bone marrow cells. The study revealed that a commercial formulation of natamycin was aneugenic and cytotoxic to mice bone marrow in vivo. Anand and Sati (2013) published an article on the increasing awareness on the harmful effects of artificial preservatives and recommended the usage of natural preservatives for better therapeutic efficacy, safety and preservation of substances. As in case of Ames assay, both the preservatives induced the revertant colonies in TA 100 tester strain of Salmonella typhimurium. This indicated that the preservatives were able to induce the base pair substitution type of mutations.

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An International Biannual Refereed Journal of Life Sciences

In the present study, the mutagenic and genotoxic effects of sodium benzoate and propylene glycol depicted that these two preservatives could be harmful, if used for longer time period and can cause health disorders.

In Allium sativum root chromosomal aberration assay, both the preservatives have shown highly genotoxic responses and have resulted in induction of various kind of aberrations viz., physiological as well as clastogenic. Physiological aberrations are the outcome of disturbance of spindle formation while clastogenic aberrations are the direct indication of DNA damage. The food preservatives used in this surveillance caused a change in the frequencies of the different mitotic stages. In the study, both the physiological and clastogenic chromosomal aberrations were observed viz, vagrants, c-mitosis, stickiness, delayed anaphase, abnormal anaphase, abnormal metaphase, chromatin bridges, chromosomal breaks. The percentage of aberrations increased with increasing concentration.

C-mitosis indicated that the chemicals, inhibited the spindle formation similar to the effect of colchicine (Badr, 1983) and induction of c-mitosis is commonly associated with spindle poisons which indicate turbogenic effect (Shahin and El-Amoodi, 1991). Chromosome bridges are the damaged chromosomes where broken chromosome having centromere at arm reunite to form the dicentric chromosome such damage is generally irreversible (Liu et al., 1996). Chromosome stickiness is regarded as a physiological effect which has been considered to affect the proteins of chromosomes. Stickiness of chromosomes is the result of increased contraction and condensation chromosome (Ahmed and Grant, 1972) or possibly from the depolymerization of DNA (Darlington, 1942) and partial

dissolution of nucleoproteins (Kaufman, 1958). Chromosome stickiness reflects highly toxic effects, usually of an irreversible type which probably leads to cell death. Vagrants are the outcomes of partial spindle inhibition where one or more chromosomes detach from the spindle fiber and lie separately in the cell either at pole. Delayed anaphases are caused when chromosome do not get separated at anaphase and rather lie at intermediate position in between equatorial plate and poles. The chromosome breaks are considered to involve DNA molecule responsible for linear continuity of the chromosome and may be due to unfinished or misrepair of DNA (Hasegawa et al., 1984; Aly et al., 2002; Borah and Talukdar, 2002; Gomurgen, 2005; Sifa, 2007).

Chemicals that induce chromosomal break are known as clastogens and their action on chromosomes is generally regarded to involve an action on DNA (Grant, 1978; Chauhan and Sundararaman, 1990). Positive results in the Ames test and *Allium sativum* root chromosomal aberration assay should be considered as a warning and also an indication that the tested chemical can cause ill effects to human health.

CONCLUSION

The results obtained in the present study indicated the mutagenic effects of the preservatives line with others reports found in the scientific literature. This study indicates that the use of these two food preservatives by the population requires greater scrutiny. In addition, the study must be further carried out for cytogenetic studies in animal system. Dealing with clastogenicity and genotoxicity of these food additives in other test systems may reveal some interesting results.

Kaur et al: Evaluation of mutagenic and genotoxic responses of food preservatives using bacterial and plant test systems

Table: 1. Mutagenic effects of propylene glycol and sodium benzoate in Ames test.

Treatment	Concentration	Number of revertant colonies									
	Town Liver and	TA98 (M	ean ± S.E.)	TA100 (Mean ± S.E.)							
	the Lost with J	wot S9	wt S9	wot S9	wt S9						
Spontaneous		22.6±1.45	28.67±03.28	121.00±00.57	181.60±01.66						
NC	-	25.67±5.21	23.67±2.96	121±3.61	162.3±17.57						
NPD(μg/0.1 ml)	20	1350±50.48	-	and employed the same	Host - Latin						
SA (μg/0.1 ml)	2.5		milk-m- Now	2322±39.98	Sections of lease						
2AF(μg/0.1 ml)	20		1580±112.4	-	2660±112.40						
PG (μl/0.1 ml)	25	16.67±2.40	19.30±0.66	178.00±7.37	194.30±7.31						
	50	16.67±1.20	20.33±0.88	180.33±8.18	206.66±8.82						
	75	22.67±4.10	20.67±0.66	157.00±1.52	266.66*±14.54						
	100	18.67±4.05	20.00±1.15	201.7±32.00	270.00*±5.78						
	250	21.00±4.36	26.00±1.52	252.3*±7.43	279.33*±6.36						
	500	18.00±2.64	23.00±0.55	266.0*±21.22	316.66*±3.33						
	750	20.67±4.05	22.33±1.20	242.0±67.38	323.33*±21.88						
	1000	20.67±3.84	23.00±1.00	372.7*±1.76	379.33*±1.76						
	F-Ratio*	0.49	4.39	8.08	42.83						
	HSD	15.57	6.65	122.56	47.02						
SB (μg/0.1 ml)	25	20 .00±1.73	21.00±0.57	218.00±4.35	187.7±1.45						
	50	21.00±0.57	19.00±1.15	249.33±33.55	140.0±25.19						
	75	20.00±1.15	19.00±0.57	300.0*±36.33	164.00±5.57						
	100	18.00±1.15	18.33±0.88	247.66±43.76	171.66±6.01						
	250	19.67±0.33	20.33±0.88	309.33*±49.75	240.0±25.19						
	500	20.67±1.20	18.33±0.88	301.33*±21.87	265.0*±12.59						
	750	20.67±0.66	21.33±0.88	292.66*±28.29	285.33*±2.90						
	1000	22.67±0.88	24±1.15	277.33*±15.08	295.33*±8.67						
	F-Ratio*	1.76	5.81	3.84	18.87						
	HSD	5.14	6.34	142.37	61.95						

wt: without; w: with; NPD: 4-nitro-o-phenylenediamine; SA: Sodium azide; 2AF: 2 Amino fluorine.

Table : 2. Genotoxic potential of sodium benzoate and propylene glycol in Allium sativum root chromosomal aberration assay.

reatment	Concentration (μg/mg/L)	TDC	TAC (PA+C A)	Physiological aberrations (PA)							Clastogenic aberrations (CA)			TAC	
				Vg	Cm	St	Da	Aa	Am	TPA (%)	Cb	Ck	Cr	TCA (%)	TPA+TCA
C		210	6	-	-	4		2	-	2.85	-	-		-	2.85
lycol	25	186	32	-	9	2	8	5	8	17.20	-	200	-		17.20
	75	245	95	5	16	18	26	14	16	38.77	-	-		-	38.77
	50	230	88	5	11	15	23	16	18	38.26	+	-		-	38.26
	100	190	76	2	16	14	29	2	13	40.00	1	-	(- 5	0.52	40.00
	250	207	86	-	18	16	28	13	11	41.54	-	12		-	41.54
	500	210	88	-	13	14	20	22	19	41.90	-	2	1	0.47	42.37
	750	205	87	3	18	16	22	14	14	42.43	-	1		- 1	42.43
	1000	209	110	1	29	18	26	20	16	52.63	1/2	12	-	· al sien	52.63
odium enzoate	25	190	30	-	9	-	8	5	8	15.78	-	-	-		15.78
	50	245	78	5	12	15	20	14	12	31.80	-	-			31.80
	75	245	83	5	10	15	26	13	14	33.87	-	-	-	-	33.87
	100	200	69	1	16	5	22	12	13	34.50	-	-	-	2 10 10 10 10	34.50
	250	207	84		18	16	28	11	11	40.57	-	- "	1	0.48	41.05
	500	209	85	-	17	19	20	19	10	40.66	-	-	-		40.66
	750	205	93	1	29	13	22	14	14	45.36			2010	2011/10/23	45.85
	1000	210	96	1	26	15	26	18	16	48.57	-	-1/01	1	0.47	49.04***

TPA: Total physiological aberrations; TDC: Total dividing cells; TAC: Total aberrant cells; Vg: Vagrants; Cm: c-mitosis; St: stickiness; Da: delayed anaphase; Aa abnormal anaphase; Am: abnormal metaphase; Cb: Chromatin bridges; Ck: Chromosomal breaks; Cr: Chromatin ring; TCA: total clastogenic aberration.

^{*}significant at p<0.05, ** significant at P<0.01, *** significant at P<0.001 as compared to control.

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An International Biannual Referred Journal of Life Sciences

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